

the fastest sport on ice®



2010-2011
United States Luge Association
Membership Information and Application

Member, United States Olympic Committee • U.S. Representative, Federation Internationale de Luge de Course

MEMBERSHIP CLASSIFICATION

The following Divisions and Classes of membership acknowledge the various segments of interest and their degree of commitment. For Athlete Class A, B, and C, U.S. citizenship is required. Permanent residents are eligible, provided their waiting period for citizenship (as defined by the U.S. INS) will expire prior to the next Olympic Games. You may only select one class. If two or more classes apply, select the one that is most appropriate to your situation.

It is a U.S. Luge Association membership requirement that each athlete, without reservation or condition, must submit to drug testing "In Competition" at selected events; "Out of Competition" at elite-level camps, team training and at USOC facilities and "Out of Competition" anytime for athletes designated by the USLA as part of luge's Out of Competition Testing Pool.

Athletic Membership: (Class A, B, C, G, or Y) An Athlete is an individual who has actively engaged in a sanctioned athletic program of the USLA within the previous or current season, or who has represented the U.S. in the Olympics, World Championships, or World Cup Races (hereinafter referred to as Major International Luge Competition) within the past ten years.

Class A (A):	\$ 30.00	Current Senior National A Team, Senior National B Team Select, Junior National A Team, Junior National B Team Select, and members of the most recent Olympic Luge Team (2010).
Class B (B):	\$ 35.00	Athletes not qualified for Class A, but who are enrolled in a current USLA development program leading to the National Team level. These athletes must have actively engaged in a sanctioned athletic program of the USLA within the previous or current season, or have represented the U.S. in Major International Luge Competition within the preceding ten years.
Class C (C):	\$ 45.00	Athletes not currently qualified for Class A, or not qualified, or interested in Class B, but who have actively participated in a sanctioned athletic program of the USLA within the previous or current year (i.e., masters or a club program).
General (G):	\$ 45.00	Athletes who do not fulfill any of the above three requirements for classes A, B, and C will be placed in this category (i.e., first time member). Non-citizens who wish to join as an athletic member, must join in this category.
Youth Athlete (Y):	\$ 35.00	If you are 14 years of age and under, you are eligible for the Youth rate. However, if you are a member of any Junior Team (i.e., Jr. National C, Jr. National D, then you will be placed in Class "B").
Non-Athletic (N):	\$ 45.00	Individuals who wish to support the sport of luge; retired athletes; volunteers; inactive Race Officials; professional athletes in any sport; and anyone else not noted who would otherwise not qualify for the Athletic Division.
Officials (O):	\$ 35.00	This classification is for " Active " FIL or Nationally certified officials only. " Active " is defined as those Officials who have worked at a minimum of <u>one</u> race the preceding season and have also attended a refresher course since July 1, 2009.

If you slide at all (even recreationally), but are also an Official, your classification is as an athletic member and you must register as a C or G. If you select any of the above Athletic Classes, you are obligated to inform the USLA immediately if your eligibility/athletic status changes for any reason.

Family Membership: All Family members must sign up at the same time to benefit from this rate.
Deduct **\$ 5.00** from the total of the individual costs for two family members.
Deduct **\$10.00** from the total of the individual costs for three family members.
\$100.00 **Four or more family members.**

Corporate (CM): **\$500.00** Entitles the corporation to 15 pins and decals, the USLA Newsletter, and the use of their membership status in corporate literature.

Kreisel Klub (K) **\$1,000.00** The contributor is entitled to a special "Kreisel Klub" jacket in addition to all the regular membership items. Membership will be extended to all immediate family members, but only one jacket will be distributed per contribution.

ACCIDENT INSURANCE REGULATIONS This insurance policy is a "**Primary/Secondary**" policy which means A) If you already have your own health insurance, ours is available to you only as a **secondary policy at no charge**. You must make claims on your personal policy first; or B) If you have no health insurance of your own then you are required to secure your own or buy it from us for a **\$50.00 fee**. Our policy covers luge related accidents only and not illnesses. The maximum benefit allowable is **\$25,000** for accidents and the policy has a deductible. We advise you to secure your own health insurance since the type of personal policy you might secure will usually cover illnesses as well as accidents. *Again, our policy is for luge related accidents only.*

GENERAL INFORMATION

1) What does my membership cover?

The membership fee entitles you to: track use when scheduled through your club; coaching; use of USLA training equipment (i.e., sleds, helmets, etc.); access to the USLA indoor start facility; the USLA Newsletter; the USLA Bulletin, a membership card, pin and decal; and secondary accident insurance coverage while sliding. Primary accident insurance coverage (while sliding) may be purchased for a nominal charge.

2) Do Lake Placid and Park City have the only luge tracks in the U.S. or are there others?

Lake Placid, NY and Park City, UT currently have the only refrigerated, full length Olympic style luge tracks in the United States. There is a natural track in Negaunee, Michigan (800 meters in length), and a small training track in Muskegon, MI (upper portion is 200m, lower portion is 125m). Finally, there is a combined, refrigerated Olympic style track in Calgary, Alberta, Canada that was built for the 1988 Winter Olympics, bringing the number to three, full length, Olympic style runs in the western hemisphere.

3) When are the luge runs open?

The luge runs at Lake Placid and Park City are scheduled to open in early to mid fall and close sometime in early March. The length of the luge season is based on weather conditions as well as financial consideration by the state authorities, which own each facility. Track time must be scheduled through your club a minimum of three weeks in advance. The runs in Muskegon and Negaunee are open for variable periods because their primary consideration is the weather. You must contact the respective USLA Clubs listed on the back of this form for access to each of the tracks.

4) What type of training is available and when may I train?

USLA member clubs offer both winter and summer training programs to current USLA members who are eligible to participate. The program content depends on the individual club, but may include wheel training and start practice in the summer and ice training, start practice, physical training and sled maintenance in the winter. In the summer, the USLA also conducts a nationwide recruitment tour that introduces the sport to young athletes ages 11-14 using wheel-equipped sleds.

5) What if I can't come to Lake Placid or Park City?

If you are closer to Muskegon or Negaunee/Marquette, you may want to investigate ongoing programs available at those locations. The club in New York state uses the Lake Placid track and the club in Utah uses the Park City track. See the club addresses listed on the back of this form for more information.

6) How much time should the serious athlete expect to devote to luge to become competitive on an international level?

Athletes who are internationally successful usually have a minimum of about 8-10 years experience under their belt. This assumes you have devoted your entire winters (October - March) to the sport on a daily basis, and possess the necessary skills. It also assumes that you remain active during the entire off-season and follow a regimented training program.

7) How young/old is the average luger and what ideal physical characteristics should a luger have?

Our sliders' ages have ranged from 4 to 70. To compete as a junior you must be between 15 and 20, and to compete as a senior you can be 16 or older. We have found that our typical National Team member or senior elite slider averages in their low twenties. It has been our experience that there is no typical luger. They come in all sizes and shapes; tall and short, slender and bulky. It is not the size that counts; it's the overall physical condition, innate athletic ability, and experience that make for a good luger.

8) What equipment will I need and how much will it cost?

To begin, we advise people not to invest in equipment unless it's elbow and knee pads - use your club's or ours. When you have some experience and decide to buy your own, check with the US Luge Recruitment and Development Department. Sleds can range anywhere from \$400 for a used one to \$900 or more for a new one. Other major equipment would eventually include a helmet and facemask (\$315), a speedsuit (\$300), booties (\$200), and spiked gloves (\$85) (*spikes & gloves sold separately*). For the convenience of its members, and when feasible, the USLA may have much of this equipment in stock and for sale.

9) What about housing in Lake Placid or Park City ?

Housing is available at the Olympic Training Center for "qualified" team athletes only. We advise all others to call the Lake Placid Visitors Bureau (518-523-2445) or the Park City Chamber of Commerce (801-649-6100) . They have listings of all motels, sport houses, and rental agents in town.

2010 - 2011 MEMBERSHIP FORM

Membership Year: July 1, 2010 - June 30, 2011

UNITED STATES LUGE ASSOCIATION 57 Church Street • Lake Placid • NY • 12946

All member information supplied to the USLA is confidential and will not be released without written consent.

member one

Name _____ Classification _____ (A,B,C,G,Y,N or O)

Address _____ City _____ State _____ Zip _____ Country _____

Gender _____ Date of Birth ____ / ____ / ____ Club Affiliation _____

Home Phone (____) _____ Mobile (____) _____ Work Phone (____) _____

E-Mail _____ Ethnic/Race Designation (optional) _____

SECTION BELOW MUST BE COMPLETED FOR ANY ATHLETE UNDER 18 YEARS OF AGE

Parent/Legal Guardian Name(s) _____

Custodial Information: BOTH PARENTS MOTHER FATHER OTHER

Would you like to receive USA Luge news via E-mail (e.g. Member Bulletin, Slider, etc)? YES NO

Do you or a parent work for a sponsor/supplier of USA Luge? If Yes, please specify below. YES NO

Company _____ Employee _____

Please read and sign both the [Waiver & Release of Liability](#) and [Grant of Permission](#) on the back of this form.

member two

Name _____ Classification _____ (A,B,C,G,Y,N or O)

Address _____ City _____ State _____ Zip _____ Country _____

Gender _____ Date of Birth ____ / ____ / ____ Club Affiliation _____

Home Phone (____) _____ Mobile (____) _____ Work Phone (____) _____

E-Mail _____ Ethnic/Race Designation (optional) _____

SECTION BELOW MUST BE COMPLETED FOR ANY ATHLETE UNDER 18 YEARS OF AGE

Parent/Legal Guardian Name(s) _____

Custodial Information: BOTH PARENTS MOTHER FATHER OTHER

Would you like to receive USA Luge news via E-mail (e.g. Member Bulletin, Slider, etc)? YES NO

Do you or a parent work for a sponsor/supplier of USA Luge? If Yes, please specify below. YES NO

Company _____ Employee _____

Please read and sign both the [Waiver & Release of Liability](#) and [Grant of Permission](#) on the back of this form.

donation

Added to my Membership fee is: \$25 \$50 \$100 \$250 \$500 Other _____,
as a tax-deductible contribution to the United States Luge Association. We thank you in advance.

PAYMENT TOTAL \$ _____

payment information

_____ Check or money order is enclosed (payable to U.S. Luge Association)

Mastercard or Visa # _____ Expiration _____

Security Code _____ Signature _____

Please return this completed form with payment to the above address. If you plan to slide and do not have health insurance, you must add an additional \$50 to the membership fees for each individual who plans to participate in any USLA athletic program. This additional fee registers you within our insurance program for luge related injuries only. Failure to pay the additional insurance charge when you have no insurance will result in USLA refusal to allow you to participate in any USLA athletic program.

WAIVER & RELEASE OF LIABILITY

UNITED STATES LUGE ASSOCIATION

In consideration of being allowed to participate in any way in United States Luge Association (USLA) athletic/sports programs, and related events and activities, I, the undersigned acknowledge, appreciate and agree that:

1. I willingly agree to comply with the customary terms and conditions for participation. I also agree that I will inspect the facilities and equipment to be used, and if I believe anything is unsafe or unusual, I will immediately advise my coach, supervisor or other such official(s) of such conditions(s) and refuse to participate. If I am under the age of 18 at the time of participation, my parents, by signing below, are agreeing to instruct me to inspect the facilities and equipment to be used.
2. I fully understand that I will be engaging in activities that involve risk of serious injury, including permanent disability, paralysis and death; and that severe social and economic losses might result, not only from my own actions, inactions, or negligence; but the actions, inactions or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, I also acknowledge that there may be other risks not known to or not reasonably foreseeable by the USLA.
3. I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the releasees or others and accept personal responsibility for any damages following such injury, permanent disability, paralysis or death.
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, hereby release, waive, discharge, hold harmless and covenant not to sue the United States Luge Association, its affiliated clubs, their respective administrators, directors, agents, coaches, and other employees of the organization, officials, officers, volunteers, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and leasers of premises used to conduct the event, all of which are hereinafter referred to as "releasees", from any and all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses or damages on account of all and any injury, disability, death, or loss of damage to person or property, caused or alleged to be caused in whole or in part by the negligence of the releasees or otherwise, to the fullest extent permitted by law.

I HAVE READ THIS WAIVER AND RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

X _____ Date: _____
PARTICIPANT'S SIGNATURE PRINTED NAME

PARTICIPANTS OF MINORITY AGE (under 18 at time of participation)

This is to certify that I, as Parent/Guardian with legal responsibility of the above stated participant, do consent and agree to the above Waiver and Release of Liability, and further I/we for myself/ourselves, my heirs, assigns, and next of kin, agree to release, waive, discharge, hold harmless and covenant not to sue the United States Luge Association, its affiliated clubs, their respective administrators, directors, agents, coaches, and other employees of the organization, officials, officers, volunteers, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and leasers of premises used to conduct the event, all of which are hereinafter referred to as "releasees", from any and all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses or damages on account of all and any injury, disability, death, or loss of damage to person or property, incident to my minor child's involvement or participation in these programs as provided above, caused or alleged to be caused in whole or in part by the negligence of the releasees or otherwise, to the fullest extent permitted by law.

I HAVE READ THIS WAIVER AND RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

X _____ Date: _____
PARENT/GUARDIAN SIGNATURE PRINTED NAME RELATIONSHIP

GRANT OF PERMISSION

I agree and consent to the use of my name, voice, picture, image, likeness, luge performance, video and/or motion pictures of myself and/or my property by the United States Luge Association. I hereby grant permission to the United States Luge Association and/or its agents to use, and/or reproduce my name, voice, picture, image, likeness, luge performance, video and/or motion pictures of myself and/or my property and that you may distribute and exhibit these throughout the world without charge or restriction. I hereby release the United States Luge Association and/or its agents from any and all claims for damages based on the use of said name, voice, picture, image, likeness, luge performance, video and/or motion pictures.

X _____ Date: _____
PARTICIPANT'S SIGNATURE PRINTED NAME

FOR ATHLETES OF MINORITY AGE (under 18 at time of participation)

This is to certify that, as parent/guardian of the above stated participant, I do consent to the above GRANT OF PERMISSION for the stated participants involvement in the sport of Luge.

X _____ Date: _____
PARENT/GUARDIAN SIGNATURE PRINTED NAME RELATIONSHIP



United States Luge Association
57 Church Street
Lake Placid, New York 12946
USA

ADDRESS & FORWARDING CORRECTION REQUESTED

UNITED STATES LUGE ASSOCIATION (USLA)

Who we are and what we do: The USLA is an "Olympic" class member of the United States Olympic Committee, and the official American representative to the International Luge Federation based in Berchtesgaden, Germany. A not for profit organization with its headquarters in Lake Placid, New York, the USLA was chartered in 1979 as a direct result of the Congressional Amateur Sports Act of 1978. It is the duty of the USLA to prepare, train, and equip the United States National Luge Teams for international and Olympic competition as well as promote the growth of the sport of luge nationwide.

USLA MEMBER CLUBS

Clubs represent an excellent way to get involved in the sport as well as help the sport grow. Below is a list of the operating clubs, which are members of the USLA.

Adirondack Luge Club
Jim Murphy
46 Mountain Road
Brookline, NH 03033
(603) 305-6642
E-mail: Jim_Murphy@shadywood.net
www.adirondacklugeclub.org

Muskegon Luge Club
Dan Girvan
5671 South Shore Drive
White Hall, MI 49461
(231)893-4765
www.msports.org

Upper Peninsula Luge Club
Fred Anderson
P.O. Box 704
Marquette MI 49855
(906) 250-1813
E-mail: andercomm1@cs.com

Wasatch Luge Club
Jason Carone
P. O. Box 980216
Park City, UT 84098-0216
E-mail: info@wasatchluge.org
www.wasatchluge.org